

ANIMAL ROBOTS

A resonant squid-inspired robot unlocks biological propulsive efficiency

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Elasticity has been linked to the remarkable propulsive efficiency of pulse-jet animals such as the squid and jellyfish, but reports that quantify the underlying dynamics or demonstrate its application in robotic systems are rare. This work identifies the pulse-jet propulsion mode used by these animals as a coupled mass-spring-mass oscillator, enabling the design of a flexible self-propelled robot. We use this system to experimentally demonstrate that resonance greatly benefits pulse-jet swimming speed and efficiency, and the robot's optimal cost of transport is found to match that of the most efficient biological swimmers in nature, such as the jellyfish *Aurelia aurita*. The robot also exhibits a preferred Strouhal number for efficient swimming, thereby bridging the gap between pulse-jet propulsion and established findings in efficient fish swimming. Extensions of the current robotic framework to larger amplitude oscillations could combine resonance effects with optimal vortex formation to further increase propulsive performance and potentially outperform biological swimmers altogether.

INTRODUCTION

Resonance exploitation in elastic components is a ubiquitous and powerful idea that can enhance performance in domains as diverse as harvesting environmental energy and singing soprano (1–3). Exploiting mechanical resonance has been used to substantially increase propulsive efficiency in terrestrial walking (4), jumping (5), and even terrestrial snake propulsion (6). For example, passive dynamic walkers (4), nonactuated systems capable of performing bipedal locomotion by exploiting resonant dynamics, laid the groundwork for underactuated robotic walkers an order of magnitude more efficient than their fully controlled predecessors (7).

Much less work has focused on resonance exploitation for biologically inspired underwater robots and vehicles, despite evidence that this is used by animals. The use of flexible materials has been studied extensively in biological flapping foil propulsion, such as fish swimming (8) and insect flight (9). Here, the efficiency increase has been associated with the synchronization of the vortex shedding and the undulating body deformations, both from self-induced vortices (10) and upstream wakes induced by obstacles or other swimmers (11, 12). However, the majority of engineering studies simplify the complex body mechanics of a swimming fish down to a single flexible plate, and more complete robotic systems, such as the high-frequency swimming robot of (13), exploit flexibility in their fins at most and have not focused on resonance. Considering a different biological propulsive model may offer more opportunities to exploit resonance for underwater robotics.

A variety of marine life—such as jellyfish, octopuses, salps, shellfish, and squids—use periodic or pulse-jetting as a form of locomotion (Fig. 1A). Pulse-jetting entails the cyclic expansion and contraction of a hollow cavity of the specimen's body, which, in turn, drives the ingestion and expulsion of ambient fluid. Pulse-jetting organisms are known to excel in short-distance, predatory swimming, in addition to sustained propulsion (14). Fluid dynamics modeling and experiments have shown that the vortex ring and size change gener-

ated by a pulse-jet produce a propulsive thrust well in excess of a steady jet (15, 16). These findings have spurred the development of a range of pulse-jet and size-changing robotic vehicles (17–21), even including a microrobotic version of a juvenile jellyfish with variable kinematics (22). However, none of these robots or any other in the literature exploit resonance, relying instead on direct actuation or explosive one-time jets.

Much the same as resonance exploitation in walking and flapping animals, the nature and the geometric arrangement of muscle fibers in a squid mantle (23) hint that elastic energy may play a role in their propulsion (24, 25). Similarly, the jellyfish *Polyorchis penicillatus* was found to swim with a frequency related to the stiffness of its bell (26), suggesting that this enables the species to maximize the use of elastic energy storage to power the refilling stage of the cycle and thus minimize metabolic energy consumption. Experimental studies of a flexible cavity showed that stiffness did indeed affect the thrust and shape of the resulting vortex rings (27, 28). Although these experiments were performed on a fixed platform, numerical simulations of a flexible bell-shaped boundary driven with simplified jellyfish-like kinematics suggest that large amplitudes can be achieved at resonant frequencies in a vacuum (29) and that this should translate to faster swimming speeds (30).

Despite the indication that resonance is somehow being exploited in biological pulse-jetting, resonant amplification has not been used to enhance the performance of the squid-like robots referenced above. A key challenge is that none of these biological or experimental studies identified the fundamental resonant mechanism at play, quantifying the impact of the structural and fluid dynamics on the resonance of active swimming. Understanding the governing oscillator dynamics has been crucial for the design of resonant walking and flapping robotics, and a similar understanding is required for pulse-jetting robots. In this study, we achieve the goal of a highly efficient resonant robotic swimmer inspired by pulse-jetting animals such as the squid and jellyfish using three major contributions: (i) we identify the leading mechanical and hydrodynamic parameters of pulse-jet swimming and use them to formulate a simple analytical dynamical swimming model, (ii) we use this model to develop a flexible jetting robot with simple periodic actuation capable of resonance when constrained and when freely swimming, and (iii) we

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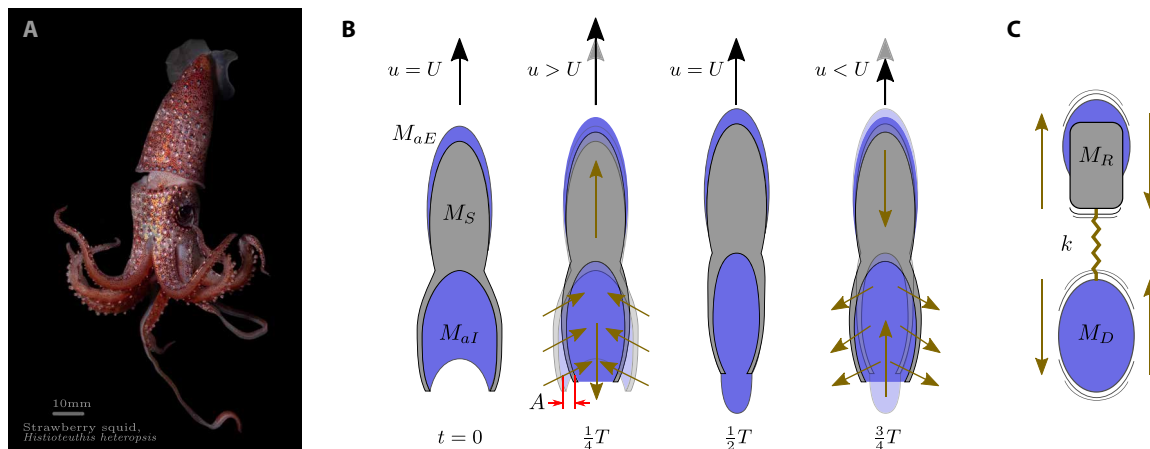


Fig. 1. Conceptual framework for resonant squid-like propulsion. (A) A strawberry squid is one of many animals that use pulse-jet swimming. [Photo credit: Paul Caiger/Woods Hole Oceanographic Institution] (B) Schematic of the simplified pulse-jet swimming mode used in this work having body deformation period $T = 1/f$, amplitude A , and instantaneous swimming speed u , which varies around the average speed U . The gray body is the swimmer of mass M_S , which flexibly contracts (from $t/T = 0$ to $1/2$) and expands ($t/T = 1/2$ to 1) its body cavity to force fluid in and out with added mass M_{aI} . The inline acceleration of the body also accelerates some external flow with added mass M_{aE} . (C) This fundamental mode of motion is equivalent to a linear mass-spring-mass oscillator. The driving mass $M_D = M_{aI}$ and is always out of phase with the reaction mass $M_R = M_S + M_{aE}$, whereas the stiffness k is determined by the body flexibility and geometry.

show that the measured performance of the robot validates our simple model of pulse-jet resonance and enables the robot to achieve self-propelled performance comparable to the most efficient swimmers in nature.

RESULTS

Resonant pulse-jet propulsion

Identifying the leading-order dynamic characteristics of a pulse-jet swimmer is crucial to determine its potential resonant frequency and exploit resonance in a pulse-jet robot. Abstracting across species that use pulse-jet propulsion, such as the squid in Fig. 1A, we develop a model swimmer that is roughly a truncated ellipsoid in shape and uses radial oscillations at a frequency f and amplitude A to pump fluid in and out of an internal cavity to propel itself at an average speed U (Fig. 1B). The details of the ingestion and ejection of fluid vary among animals, but we will consider the simplest case where the fluid is drawn in and out through the same opening, as with jellyfish. Similarly, animals use different muscle actuation schedules to pump the fluid, but we will limit our study to simple harmonic body deformation that efficiently produces thrust proportional to the fluid jet velocity squared (15, 31). Because the jet velocity U_j is proportional to Af , increasing amplitude through resonance will increase thrust and swimming speed for a given biological or robotic actuation force.

The contraction and expansion of the cavity accelerate the internal fluid radially and axially. The radial contributions cancel due to symmetry, but the axial accelerations accumulate to produce a large driving force that accelerates the body axially in the opposite direction. In other words, the internal fluid inertia acts as the driving mass M_D of the axial oscillations, the flexible cavity acts as a spring with stiffness k , and the swimmer's inertia M_R reacts to the driving motion out of phase. Therefore, the fundamental oscillation mode of a flexible pulse-jetting swimmer is equivalent to a coupled mass-spring-mass system, sketched in Fig. 1C. As suggested from Fig. 1, the driving mass equals the added mass of the internal cavity flow

M_{aI} , and the reaction mass is the sum of the solid swimmer's mass M_S and the external fluid added-mass M_{aE} .

This linear oscillator model is elaborated in Materials and Methods, and the resulting undamped natural frequencies are

$$f_C = \frac{1}{2\pi} \sqrt{\frac{k}{M_D}}, \quad f_F = f_C \sqrt{1 + \frac{M_D}{M_R}} > f_C$$

where f_C is the natural frequency when the swimmer is constrained from reacting inline, and f_F is the natural frequency during free self-propelled swimming. For a given force, actuating the system near this frequency will maximize the deflection amplitude A and therefore thrust and swimming speed. The peak amplitude of a damped linear oscillator occurs when forced at frequency $f = f_n \sqrt{1 - \zeta^2}$ where f_n is the natural frequency and ζ is the damping ratio of the system, proportional to the relative energy lost per cycle.

Vehicle design

The prototype robot used in this study consists of an umbrella-like apparatus with eight ribs arranged axisymmetrically and driven into radial expansion by a linear actuator, Fig. 2. The geometry of the cavity is defined by a membrane stretched over the ribs and pre-tensioned to prevent localized wrinkling. The piston is linked to a linear tension spring aligned with the axis of the vehicle that balances the inward force of the stretched membrane. Together, the spring and the membrane determine the equilibrium position of the cavity and the elasticity of the structure.

The excitation force is provided by a solenoid actuator mounted along the axis of symmetry of the vehicle in a frontal compartment. The actuator cyclically compresses the cavity in the range of 2.0 to 17.0 Hz, thus driving out a jet of fluid. The actuator is powered externally via a tether and is surrounded by low-density foam to ensure that the robot is neutrally buoyant and that its center of buoyancy is above its center of mass, making the robot naturally stable when upright in water. This eliminates the need for any control system and focuses the study on steady propulsion, but extensions to maneuvering

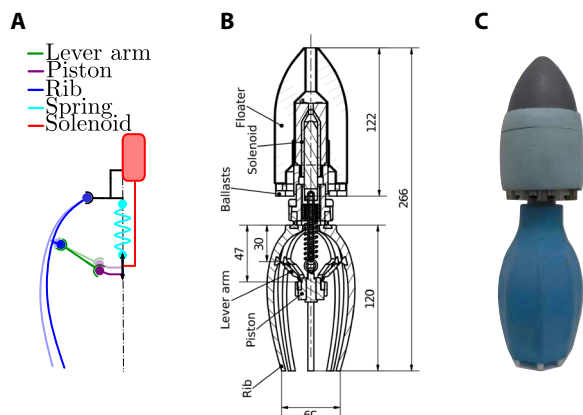


Fig. 2. The flexible bioinspired resonant robot. (A) Linkage schematic of the cavity actuation system. (B) Principle elements of the design shown in cross section. Dimensions are given in millimeters. (C) The built prototype with the membrane (blue) mounted over the ribs.

vehicles are straightforward (32). The complete vehicle has a dry mass of $M_S = 0.380$ kg and overall length of $L = 0.266$ m. A qualitative demonstration of free swimming is shown in Movie 1.

The flexible robot was tested in multiple arrangements shown in Fig. 3, allowing the properties of the dynamic model to be determined experimentally as detailed in Materials and Methods. Free vibration tests in water using the stationary setup in Fig. 3A measured the robot's constrained natural frequency as $f_C = 5.73$ Hz and damping ratio as $\zeta = 0.15$. The constrained rig was also used to measure the effective stiffness of the cavity as $k = 1.60$ kN/m. These measurements determine the cavity flow's added mass underwater to be $M_{al} = 1.23$ kg, completely overwhelming the inertia of the vibrating ribs and membrane. This is consistent with analytic estimates of M_{al} reported in Materials and Methods and emphasizes the critical role added mass plays in the oscillator dynamics. Last, the external added mass was roughly estimated using the analytic value for a prolate spheroid with the same length and minor semi-axis dimension of 4 cm giving $M_{aE} = 0.15$ kg (33), around 40% of the dry mass. Substitution of these inertia factors into the frequency equation predicts $f_F \approx 10$ Hz when freely swimming, although this ignores the influence of the tether on the dynamics.

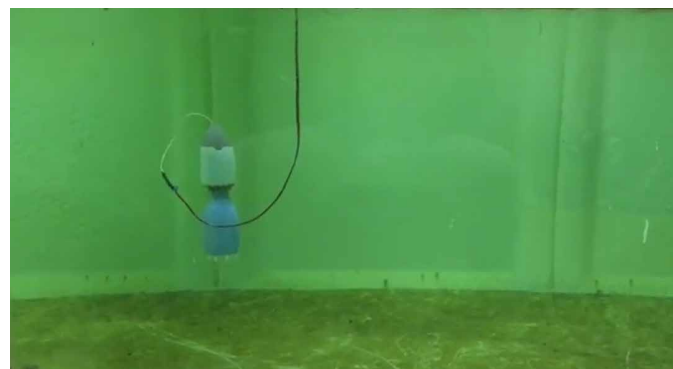
Robot performance

To demonstrate successful resonance exploitation, we quantify the robot's free-swimming performance using three standard metrics: the swimming speed U , the quasi-propulsive efficiency η , and the mechanical cost of transport (COT), defined as

$$\eta = \frac{RU}{P}, \text{ COT} = \frac{P}{gM_S U}$$

where P is the power supplied by the actuator, R is the robot's fluid drag (resistance) when traveling at speed U , and g is the acceleration of gravity.

An actuation frequency sweep was performed on the robot when it was constrained from axial motion underwater as in Fig. 3A to determine the powering characteristics. Figure 4 quantifies the measured deformation amplitude in terms of the stroke ratio commonly used in pulse-jet studies (15) and defined as $SR = L_{jet}/D$,



Movie 1. Demonstration of the robot swimming across a range of actuation frequencies. Note that this qualitative demonstration does not match the conditions for data collection in Fig. 3B.

where D is the jet aperture diameter and $L_{jet} = 4V_{jet}/(\pi D^2)$ is a length scale of the ejected fluid volume V_{jet} . The notebook S1 shows $SR \propto A/D$ with the proportionality constant determined by the cavity geometry and deformation mode. Figure 4 shows the stroke ratio peaks when excited just below the undamped natural frequency as expected. The phase measurements also show the expected behavior but have an uncertainty proportional to the frequency due to the constant frame rate of the motion capture data.

These measurements are used to fit a dynamical model of the actuated cavity deformation, detailed in Materials and Methods. Figure 4 indicates the model fits the data extremely well, and the modeled damping ratio is $\zeta = 0.29 \pm 0.01$, indicating that solenoid actuator's losses are somewhat hindering the potential for resonance exploitation. This model allows the power P delivered by the actuator to the robot to be determined and is used in the free-swimming tests. Figure 4 shows that the powering has a fairly small uncertainty other than at low frequency due to the nonlinear forcing supplied by the solenoid actuator.

Last, the drag $R(U)$ was measured using the motion capture setup of Fig. 3B. The vehicle was given a positive net buoyancy by removing one or more ballast weights and released to float upward, and the terminal velocity U was measured. Because the drag and known buoyancy balance when U is steady, this determines $R(U)$, given in fig. S4.

The performance of the robot during self-propelled swimming was also measured with motion capture sketched in Fig. 3B as detailed in Materials and Methods. The self-propelled swimming results for speed, efficiency, and cost of transport are shown in Fig. 5. The highest speed of 0.98 L/s occurs at 9 Hz. The peak efficiency of 56% and minimum cost of transport of 0.087 are measured at $f = 7.5$ Hz, although the entire range from 6 to 9 Hz has high efficiency and nearly identical COT. The confidence in the $COT \sim P/U$ is lowest at low frequency because the confidence in P is lowest in that region and the swimming speeds U are very small.

DISCUSSION

A dynamic model for resonant swimming was developed and tested with a flexible biologically inspired swimming robot, resulting in a clear increase in performance near its natural frequency. This observed speed peak at 9 Hz is lower than the 10-Hz natural frequency estimate due to the expected influence of damping and neglecting

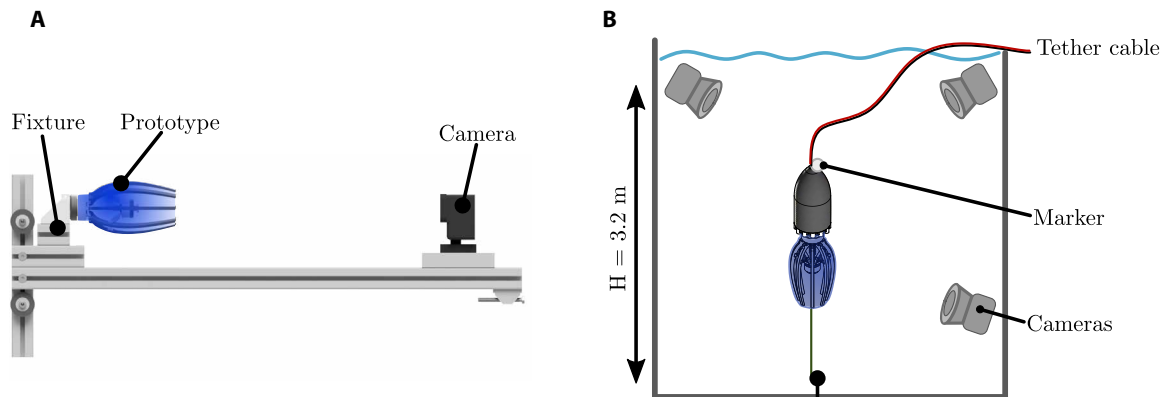


Fig. 3. Experimental test arrangements. (A) The stationary setup used for the effective stiffness measurements, the free oscillation tests, and the forced oscillation tests. (B) Free-swimming setup used for the buoyancy-driven and actuated swimming tests.

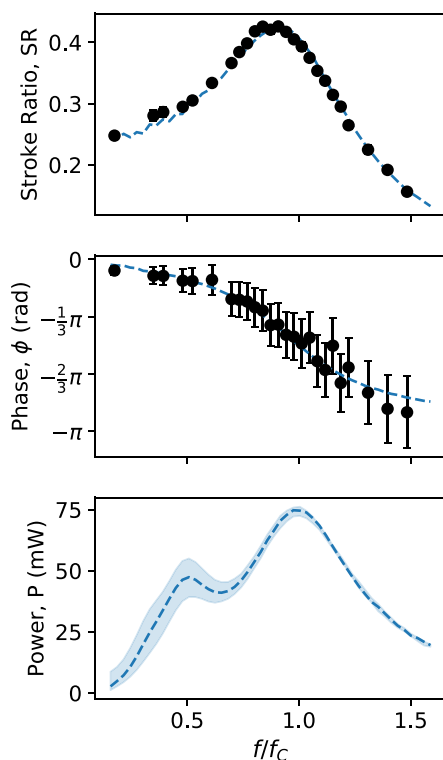


Fig. 4. Actuated frequency sweep results when constraining the robot from axial motion. The excitation frequency is scaled by the natural frequency, and the oscillation amplitude is reported in terms of the stroke ratio (15). Black dots and bars show the median and 95% CI of the measurements ($n \geq 51$ actuation cycles), and the blue line and shaded area are the median and 95% CI, respectively of the dynamical model after fitting to the measurements.

the influence of the tether on the robot's free-swimming dynamics. The tether is also responsible for a portion of the fairly high vehicle drag (fig. S4), meaning that an untethered vehicle with the same powering could see further speed improvements.

The tests performed with this flexible prototype provide a useful comparison to biological and other robotic swimmers. Table 1 shows measurements done by (15, 34, 35) on squids and jellyfish. Care has to be taken in comparing across studies because efficiency

and cost metrics vary, and swimming routines of certain organisms may account for a combination of jetting and paddling (e.g., in jellyfish), but the performance of the swimming prototype comfortably falls within the range of marine species. In particular, the minimum cost of transport for the robot at resonance $COT = 0.087$ falls into the 0.03 to 0.09 range reported for the moon jellyfish *Aurelia aurita*, which outperforms any other swimming animal and any other engineered vehicle (ground, air, or sea) other than extremely large slow-moving ships on this metric (36).

The robot achieves a nearly uniform low cost of transport, around $COT \approx 0.09$, for the range of $f = 6$ to 9 Hz leading up to the natural frequency estimate of $f_F \approx 10$ Hz (Fig. 5). A uniform COT is noteworthy because it means the power P and speed U are proportional for efficient swimming, in stark contrast to the typical behavior $P \propto U^3$ in fluid propulsion. Resonant propulsion is able to avoid this scaling because increasing the frequency near the natural frequency increases the amplitude A without increasing the required actuation force. Because the jet velocity U_j is proportional to Af , this is equivalent to stating that increasing f up to resonance increases jet velocity and thrust faster than linearly, with the result that the $P \sim U$ until the resonant peak is crossed.

The vehicle displays a constant Strouhal number $St = 2Af/U \approx 0.15$ in this region as well (Fig. 6), connecting pulse-jet swimming to the extensive literature indicating a Strouhal number preference in efficient flapping foil propulsion. Although counter examples such as the high-frequency swimming robot of (13) suggest the relationship between St and maximum efficiency is not completely understood, flapping animals with the same ratio of propulsor size to body size tend to share the same optimal Strouhal number $0.2 < St < 0.4$ (37, 38), and the current pulse-jet robot has an optimal St as well. Because the Strouhal number for the flexible robot does not go under the optimal value, there is a maximal swimming speed attainable for a given jet velocity U_j , and the limiting ratio for this vehicle is around $U/U_j \approx 70\%$.

Table 1 shows that pulse-jet animals such as jellyfish and squid use a wide range of deformation amplitudes ($5 < SR < 62$) when swimming (34), whereas the current robot is limited to $SR < 0.5$ due to the synthetic membrane. Tensile testing of the mantle tissue of squids during escape jetting indicates fairly low viscoelastic damping, having a hysteresis between 15 and 25% in the elastic energy variation between the expulsion and refill phase (24, 25). This

suggests that viscous damping of the mantle remains low even during large amplitude jetting, meaning that squid tissue could exploit resonance at higher stroke ratios than we have tested. Instead, the likely limiting factor in exploiting resonance is the viscous fluid losses due to ingestion and ejection of large volumes of water. This increased fluid damping means that animals using a stroke ratio much greater than 10 are likely sacrificing the chance to benefit from resonance in

favor of rocket-like maneuvering, i.e., large body accelerations driven by large mass ejections.

Greatly reducing the size of the swimmer down to the micrometric range would also enhance fluid damping by lowering the Reynolds number to $Re = UL/\nu \sim 1$, where $\nu \approx 10^{-6} \text{ m}^2/\text{s}$ is the kinematic viscosity of water. However, pulse-jet swimmers in nature range from less than a centimeter in size up to tens of meters (39), thus operating from $1 < Re < 10^8$, and microelectromechanical devices have been designed to exploit resonance even at the micrometric scale (2), giving some reason to hope that resonant robotic swimmers could also be designed for use across this range.

As a last point, previous biomechanical studies on pulse-jetting have found that additional fluid thrust is measured when using a stroke ratio around 4 to create an optimal fluid vortex, and many animals have been observed to swim near that range (15). Because this is still a modest stroke ratio, these animals could be benefiting from mechanical resonance in addition to optimal vortex formation. Increasing the achievable stroke ratio of the resonant robotic systems to match biological levels in the future should allow it to exploit these jet vortex dynamics, further improving performance. Even with this limitation, the current flexible prototype achieves biological

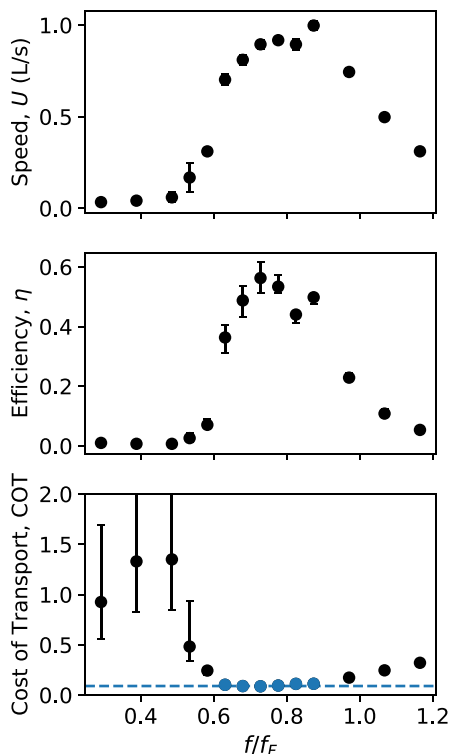


Fig. 5. Free-swimming robot performance versus scaled actuation frequency. Points and bars are the median and 95% CI from the measurements and dynamical model ($n \geq 44$ actuation cycles). The colored points intersecting the dashed line at $COT = 0.09$ show constant St behavior in Fig. 6.

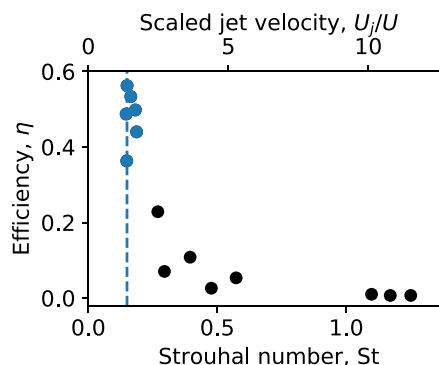


Fig. 6. Quasi-propulsive efficiency as a function of Strouhal number $St = 2Af/U$ or jet velocity U_j scaled by swimming speed U . Median values are shown. The points near the dashed line at $St = 0.15$ show the uniform cost of transport in Fig. 5.

Table 1. Nondimensional characteristics of marine species compared with the current resonant propulsion prototype. Symbols SR and L stand for stroke ratio and body length.

	Unit	This study	Squid*	Jellyfish [†]	Jellyfish [‡]	Squid [§]	Fish	Fish [¶] simulation	Fish robot [#]
U	L/s	0.04–0.98	0.3–2.06	0.7–4.0	0.16–0.66	–	–	–	–
SR	–	0.24–0.42	5.5–61.8	–	–	–	–	–	–
fL/U	–	8.3–72.9	0.6–2.5	–	4.5–9.3	–	–	–	–
U_j/U	–	1.35–11.5	1.5–4.5	–	–	–	–	–	–
η	–**	0.01–0.56	0.38–0.44	0.1–0.55	–	–	–	0.39–0.46	0.32
COT	–††	0.087–1.3	–	–	0.03–0.09	0.5–0.65	0.09–0.7	–	–

*Data for adult squid from (34). †Data from (40), with U given in bell diameter/s, which is maintained here because the studied species have a low aspect ratio in the range ~ 0.5 to 2. Although the stroke ratio is not explicitly given, it is stated that some species display stroke ratios < 4 , and others use higher strokes. ‡Data for jellyfish from (35). §Data for squids from (35) based on original measurements from (41). || Data for fish from (42). ¶Estimates of η using a CFD (computational fluid dynamics) simulation of carangiform and anguilliform fish swimming from (43). #Data for robotic fish from (44). **This study, (43), and (44) use quasi-propulsive efficiency; (34) use whole cycle hydrodynamic efficiency; (40) use Froude efficiency. ††This study reports the mechanical COT, whereas the biological studies report metabolic COT. In addition, we have scaled (35) by g to obtain a nondimensional metric.

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levels of efficiency and is a powerful demonstrator of the potential to exploit resonance efficiently in biological swimmers and biologically inspired robotics.

MATERIALS AND METHODS

Stationary tests

The results reported in Table 1 and Fig. 4 were obtained from tests performed with the vehicle held stationary (Fig. 3A). A camera was used to film the jet exit plane of the vehicle to record the position of the rib tips in free and forced oscillations (fig. S1).

Free vibration tests in air and water were used to measure the natural frequency and damping in the expansion/contraction mode. The free vibration was excited using a wire to apply a fixed displacement to the piston to contract the ribs and then cutting the wire. Four tests in each fluid were executed, and examples of the traces from two of the tests are shown in fig. S2. A damped harmonic was fit to each measurement signal and used to determine their frequency and damping. Measurement statistics are reported in table S1.

A similar test configuration was used to measure the stiffness k_{eff} of the piston. The piston displacement under prescribed loading was measured four times: before and after the free vibration tests and while loading and unloading the spring. Figure S3 shows that the characteristic is linear but shows a slight hysteresis. A linear fit of all the data gave $k_{\text{eff}} = 11.35$ kN/m stiffness.

The actuated frequency sweep used the same fixed rig shown in Fig. 3A, but the motion was achieved by driving the piston with the solenoid actuator. The actuator was prescribed a harmonic voltage with fixed amplitude and variable frequency, and the rib displacement was recorded as before. A light-emitting diode added in the camera frame marked the start of the excitation period, allowing the response phase to be determined, although the constant frame rate of 240 Hz lowered the confidence in these phase measurements (Fig. 4). After the initial ramp into the steady oscillator dynamics was removed, the remaining cycles ($n \geq 51$ actuation cycles for all cases) were used to determine the coefficients for the forced oscillator model, as discussed below.

Free-swimming tests

The results reported for Fig. 5 were obtained from tests performed with the vehicle moving freely under water (Fig. 4B). An underwater motion capture system composed of four cameras arranged around a 3.2-m square with a sample rate of 100 Hz was set up in the middle of an extremely large (130 m by 6 m by 3.5 m) tank and was used to measure the ascent velocity. System calibration indicated a 0.15% error in relative position measurement.

The self-propelled tests were performed with the prototype neutrally buoyant and allowing it to ascend the water column exclusively under the effect of the thrust generated by its own actuation. The large 3.2-m vertical distance allowed the robot to achieve steady swimming for more than 400 measurement images and $n \geq 44$ actuation cycles to be recorded in every test. The 0.025, 0.5, and 0.975 quantiles of the steady data were used to determine the median and 95% confidence interval (CI) of the speed U . The robot was reset at the same starting position for each test with a 5-min window between tests to allow the water to come to rest.

The robot drag curve $R(U)$ was determined by measuring the steady terminal velocity of the prototype as it ascended the water column under a known buoyancy force without actuation. As in the

actuated swimming, at least 400 measurements were recorded per test and the median and 95% CI are shown in fig. S4. These results were used to estimate a drag coefficient $C_d = R / (\frac{1}{2} \rho U^2 a_f) = 1.13$ where a_f is the frontal area. The relatively high C_d values for such a slender body suggest that the resistance due to towing the tether is substantial.

Free-swimming demonstration

The qualitative demonstration of the robot’s swimming ability shown in Movie 1 was not recorded in the test conditions described above. To simplify video capture, the demo used a much smaller tank with the vehicle close to a viewing window, and weights were added to make the robot negatively buoyant so the robot would descend unassisted.

Free vibration model

Application of Newton’s second law to the undamped unforced mass-spring-mass oscillator in Fig. 1C gives

$$M_R \ddot{x}_R = -k(x_R - x_D), \quad M_D \ddot{x}_D = -k(x_D - x_R)$$

where x_D and x_R are the axial displacements of the driving and reactive masses relative to their centroid. During free vibration, both displacements will be harmonic with the same frequency f_F , and so the coupled system becomes

$$\begin{bmatrix} k - (2\pi f_F)^2 M_R & -k \\ -k & k - (2\pi f_F)^2 M_D \end{bmatrix} \begin{bmatrix} x_R \\ x_D \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \end{bmatrix}$$

Hence, the determinant of this matrix must be zero and the free-swimming natural frequency must satisfy $(2\pi f_F)^2 = k(M_R + M_D)/(M_R M_D)$. When the vehicle is constrained, $x_D = 0$ and so the constrained frequency must satisfy $(2\pi f_C)^2 M_R = k$.

Next, we assume the driving inertia M_D is due to the internal added mass M_{al} acting at the center of action of the cavity deformation mode. For small rigid body oscillations of the ribs around the pivot (see Fig. 2, A and B), the center of action is two-thirds of the length of the cavity $2/3 L_c = l_{al} = 80$ mm, and using the lever arm from the pivot to the push rod $l_{\text{pivot}} = 30$ mm, we arrive at the reported effective stiffness of the robot $k = k_{\text{eff}} l_{\text{pivot}}^2 / l_{al}^2 = 1.6$ kN/m.

The free vibration measurements in water in table S2 and this value of k give the reported $M_D = 1.23$ kg in water. We can independently estimate M_{al} by assuming the axial flow speed v inside the cavity is the primary contribution to the fluid kinetic energy K_E . In that case

$$K_E = \frac{1}{2} M_{al} (2\pi f_A)^2 \approx \frac{1}{2} \rho \int v^2 dv$$

where $2\pi f_A$ is the amplitude of the cavity deformation velocity. As detailed in the Python notebook S1, substituting the robot’s cavity shape and the assumed linear deformation mode determines the speed v and predicts $M_{al} = 1.2$ kg, in good agreement with the free vibration measurements.

Forced oscillation model

The efficiency and cost of transport metric require accurate modeling of the actuated cavity dynamics so that the oscillation amplitude and phase and the delivered mechanical power can be established

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on the free-swimming robot as a function of the actuation frequency. Power consumption measured via a current meter is not equivalent to delivered power because of the dissipation and losses in the tether and solenoid. This issue is amplified by the low power draw of the robot, decreasing the signal-to-noise ratio of such a measurement.

Instead, the self-propelled power used in Fig. 5 is determined by calibrating a simple forced oscillator model to the constrained frequency sweep data in Fig. 4

$$\ddot{x} + 2\zeta\omega_n\dot{x} + \omega_n^2x = \frac{F(x - x_0, V)}{M_{\text{eff}}}$$

where x is the spring compression, $\omega_n = 2\pi f_C$, $M_{\text{eff}} = M_D$ for the constrained tests, and F is the actuator force, which is a known nonlinear function of the supplied voltage V and the solenoid's position relative to its rest position x_0 (fig. S5). Because the voltage is known, the only free parameters are the rest position and damping, which are tightly constrained by the measurements to $x_0 = 5.1 \pm 0.3$ mm and $\zeta = 0.29 \pm 0.01$. As shown in Fig. 4, the model gives an excellent fit to the data with extremely small uncertainty in the oscillation amplitude and phase. There is moderate uncertainty in the cycle-averaged delivered power $P = \frac{1}{T} \int_0^T F\dot{x}dt$ at low frequency because of the nonlinear forcing supplied by the solenoid, but this does not affect the confidence near resonance where the response is essentially linear.

Because the free-swimming linear model is still a single-mode oscillator, it is sufficient to adjust the mass M_{eff} in the forced oscillator model above such that $\omega_n = 2\pi f_F$. The powering system is unchanged when releasing the robot for free swimming, and therefore, we use the same median and confidence bounds on x_0 and ζ for free swimming. The predicted SR and P are shown in fig. S6.

SUPPLEMENTARY MATERIALS

robotics.sciencemag.org/cgi/content/full/6/50/eabd2971/DC1

Materials and Methods

Python notebook S1: Cavity geometry calculations.

Table S1. Constrained free vibration measurements.

Fig. S1. Constrained test image example.

Fig. S2. Free vibration example results.

Fig. S3. Force versus displacement measurements and the linear fit.

Fig. S4. Terminal velocity resistance measurements and quadratic fit.

Fig. S5. Actuator force as a function of relative position and voltage.

Fig. S6. Forced oscillator model results.

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